



## Emergency First Aid at Work Certificate

### Target Audience & Prerequisites

The course is suitable for anyone wishing to learn the basics in first aid and act as an appointed person in the workplace.

### Course Outline

The provision of first aiders at work is stipulated by The Health and Safety (First Aid) Regulations. The contents of the course comply with Health and Safety Executive requirements and Textile Centre is an HSE Approved Centre for course delivery.

This course covers the following areas:

- Care of unresponsive casualty
- Basic life support
- Breathing difficulties
- Circulation problems
- Head injuries
- Types of wound and basic treatment
- Injuries
- Contents of a first aid kit

### Accreditation & Reward

Following successful completion, you will be awarded a certificate approved by the HSE and issued by the Textile Centre of Excellence. You will also receive a first aid pack comprising a resuscitation shield, gloves and up to date course book.

<b>Dates:</b>	Contact the Centre for further dates and details
<b>Venue:</b>	Textile Centre of Excellence and on client premises (details available on request)
<b>Duration:</b>	1 day programme running from 9.15 am – 4.30 pm
<b>Cost:</b>	£72.25 + VAT for members £85.00 + VAT for non-members
<b>Contact:</b>	Sian Patrick or a member of the Commercial Services Team



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